

The Spring of Transformation

Received April 22nd, 2008

When the physical world and your daily obligations take precedence over your quiet time in spiritual practice, it is natural to feel despondent. At times, you may even wonder if you are moving in the wrong direction! It is normal to be impatient when it comes to spiritual attainment, but you must remember that you may simply be moving through the storms of a spiritual spring. You will sometimes find yourself warmed by the Light of Communion and other times feel inundated by the cold deluge of personal responsibilities.

Were you to neglect all of your worldly obligations, you would find yourself having to repeat lessons in spiritual balance because this is what blending practical and spiritual matters teaches. As you have often said, "Too much of a good thing is still too much." There must be an appropriate arrangement of tasks so that there is a certain amount of time for leisure, a certain amount for spiritual practice and still time for any mundane tasks which must be accomplished.

Instead of being frustrated by having to spend your time partly in mundane tasks and partly in spiritual practice, be proud that you have found a way to do both. Understand the true lesson that is being learned is one of spiritual balance. Affirm daily, "I am delighting in my tasks because they are teaching me one-half of the equation of balance, and I am delighting in my spiritual time because it is teaching the other half."

It is important to remember that such shifts back and forth are a part of spiritual transformation. Your soul has thawed and is beginning to awaken. You have come into the spring, which is the interface between darkness and Light. It is a time where Light comes and goes, where the Sun warms and then hides Itself; it is a time where things grow so slowly it almost seems as if those first spring buds will never come.

But they do come, and they explode into color seemingly in one day. All of a sudden the world which seemed yesterday so gray and dark is today filled with light and color, freshness and life. There is a sense that all of a sudden something of magic and grace is present. And your ability to balance your life in the midst of it all leads you surely to the summer of spiritual Awakening.

- L. Taylor

www.hopeofthenewage.com

Copyright © 2011 by L. Taylor All Rights Reserved
