

# A Season of Preperation

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There is something unique and lovely about a season of preparation, which naturally arises before any period of change. It contains many unexpected blessings, some of which are easy to miss if you are not on the lookout for them. One such blessing is the gift of time. During spiritual preparation, there are usually moments when you feel led to contemplate your life thus far and consider what lies ahead on your Journey. Although you may be busy preparing for change, it is likely that you will become even busier once your transformation is complete. Therefore, it is wise to take advantage of any quiet time available during a period of preparation to reflect upon the transition at hand.

It is worth noting that a season of preparation can create a special bond among loved ones, as well. When a family or group of friends undergoes a change together, they often feel as if they are gathering around a hearth-fire of support and love. Whether the upcoming change is one of relocation, a person's passing or a new birth, the period of preparation beforehand can serve to draw individuals closer together. Instead of missing that opportunity, you can plan to consciously connect with your loved ones and reap the benefits of their love and support.

One rather unexpected treasure found in the season before change is the joy of anticipation. There is something to be said for the sweetness of gazing upon that which has not yet manifest. Such is the experience of an expectant mother who contemplates her unborn child or an egg which slowly breaks open so that a tiny chick can emerge. This is the same Energy felt when the Sun is about to rise or a child is about to take her first steps.

There is something magical in a season of preparation. Although a transition can feel intimidating when you cannot predict its outcome, spiritual growth always dispenses the same inevitable treasures of fulfillment and joy. Indeed, all spiritual Evolution eventually leads you to abundant happiness and inner radiance. The expectation of that result invites a sense of blessed anticipation as you await your soul's rebirth and transformation.

- L. Taylor

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